

United States of America

United States Patent and Trademark Office

3D GAINS

Reg. No. 6,776,787

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Int. Cl.: 9, 25, 41, 44

Service Mark

Trademark

Principal Register

Armran Media Ltd (UNITED KINGDOM PRIVATE LIMITED COMPANY)
Apartment 3, The Grove,
175 Harborne Park Road,
Harborne, Birmingham, UNITED KINGDOM B17 0BQ

CLASS 9: Weighing apparatus and instruments; measuring tapes; downloadable computer software for monitoring fitness, health care and nutrition; downloadable computer software for managing nutrition, weight loss, body training and fitness training; downloadable electronic publications in the nature of books, magazines, brochures, journals, calendars, newsletters, questionnaires, articles and blogs in the fields of nutrition, weight loss, body training and fitness training; downloadable computer application software for monitoring fitness, health care and nutrition; downloadable educational mobile applications featuring instruction in the fields of nutrition, weight loss, body training and fitness training; wearable activity trackers for monitoring fitness, health care and nutrition; smartphones; protective eyewear; headgear being protective helmets; clothing for protection against accidents being protective bras; downloadable multimedia software containing video, audio, visual and text relating to nutrition, weight loss, body training and fitness training; pre-recorded exercise DVDs; downloadable software for tracking workouts and weight loss; downloadable mobile phone application featuring information on exercise and fitness; downloadable mobile application for personalized meal planning

CLASS 25: Clothing, namely, t-shirts, vests, blouses, shirts, jumpers, jackets, coats, trousers, skirts, dresses, shorts, underwear, socks and tights; footwear, headwear; gymwear, namely, gym suits, gym pants, gym boots, gym shoes and gym shorts; sportswear, namely, sports shirts, sports shoes, sports bras, sports pants, sports jackets, sports vests, sports footwear, sports jerseys, sports caps and hats, trainers being sports shoes, sweaters, sweat bands, head sweatbands, anti-sweat underclothing, swimwear

CLASS 41: Educational services, namely, providing instruction in the fields of fitness, health care, weight loss and nutrition; entertainment services, namely, providing websites featuring information in the fields of exercise and fitness; entertainment services, namely, providing online nondownloadable films and videos in the fields of fitness, health care, weight loss and nutrition; entertainment services, namely, hosting events in the nature of arranging and conducting seminars and workshops in the fields of fitness, health care, weight loss and nutrition; organising community sporting and cultural activities in the fields of fitness, health care, weight loss and nutrition; providing of training in the fields of fitness, health care, weight loss and nutrition; providing of training in the field of exercise; providing online non-downloadable electronic publications in the nature of books, magazines, brochures, journals, calendars, newsletters, questionnaires, articles and blogs in the fields of nutrition, weight loss, body training and fitness training; providing information about exercise and fitness via a website; provision of educational information in the field of health and fitness; production and distribution of training films and videos in the fields of fitness, health

Katherine Kelly Vidal

Director of the United States
Patent and Trademark Office



care, weight loss and nutrition; providing information in the field of exercise and fitness via a website and mobile phone computer software application; providing online tutorial videos in the fields of fitness, health care, weight loss and nutrition; personal fitness training services; conducting exercise and fitness classes; conducting classes in weight reduction; providing health club and gymnasium services for physical exercise; information, advisory and consultancy services relating to the aforesaid

CLASS 44: Nutritional guidance; food nutrition consultation; medical testing services, namely, fitness evaluation; providing weight loss program services; providing information in the field of weight loss and nutrition via a website and mobile phone computer software application

THE MARK CONSISTS OF STANDARD CHARACTERS WITHOUT CLAIM TO ANY PARTICULAR FONT STYLE, SIZE OR COLOR

OWNER OF INTERNATIONAL REGISTRATION 1582598 DATED 12-07-2020, EXPIRES 12-07-2030

SER. NO. 79-307,294, FILED 12-07-2020

REQUIREMENTS TO MAINTAIN YOUR FEDERAL TRADEMARK REGISTRATION

WARNING: YOUR REGISTRATION WILL BE CANCELLED IF YOU DO NOT FILE THE DOCUMENTS BELOW DURING THE SPECIFIED TIME PERIODS.

Requirements in the First Ten Years*

What and When to File:

- **First Filing Deadline:** You must file a Declaration of Use (or Excusable Nonuse) between the 5th and 6th years after the registration date. See 15 U.S.C. §§1058, 1141k. If the declaration is accepted, the registration will continue in force for the remainder of the ten-year period, calculated from the registration date, unless cancelled by an order of the Commissioner for Trademarks or a federal court.
- **Second Filing Deadline:** You must file a Declaration of Use (or Excusable Nonuse) and an Application for Renewal between the 9th and 10th years after the registration date.* See 15 U.S.C. §1059.

Requirements in Successive Ten-Year Periods*

What and When to File:

- You must file a Declaration of Use (or Excusable Nonuse) and an Application for Renewal between every 9th and 10th-year period, calculated from the registration date.*

Grace Period Filings*

The above documents will be accepted as timely if filed within six months after the deadlines listed above with the payment of an additional fee.

***ATTENTION MADRID PROTOCOL REGISTRANTS:** The holder of an international registration with an extension of protection to the United States under the Madrid Protocol must timely file the Declarations of Use (or Excusable Nonuse) referenced above directly with the United States Patent and Trademark Office (USPTO). The time periods for filing are based on the U.S. registration date (not the international registration date). The deadlines and grace periods for the Declarations of Use (or Excusable Nonuse) are identical to those for nationally issued registrations. See 15 U.S.C. §§1058, 1141k. However, owners of international registrations do not file renewal applications at the USPTO. Instead, the holder must file a renewal of the underlying international registration at the International Bureau of the World Intellectual Property Organization, under Article 7 of the Madrid Protocol, before the expiration of each ten-year term of protection, calculated from the date of the international registration. See 15 U.S.C. §1141j. For more information and renewal forms for the international registration, see <http://www.wipo.int/madrid/en/>.

NOTE: Fees and requirements for maintaining registrations are subject to change. Please check the USPTO website for further information. With the exception of renewal applications for registered extensions of protection, you can file the registration maintenance documents referenced above online at <http://www.uspto.gov>.

NOTE: A courtesy e-mail reminder of USPTO maintenance filing deadlines will be sent to trademark owners/holders who authorize e-mail communication and maintain a current e-mail address with the USPTO. To ensure that e-mail is authorized and your address is current, please use the Trademark Electronic Application System (TEAS) Correspondence Address and Change of Owner Address Forms available at <http://www.uspto.gov>.